

Brain Building Activities *for* BABIES



Intentional and attentive interactions with your baby make for the best brain builders.

Include these simple activities in your baby's daily schedule to help boost their brain development.



1

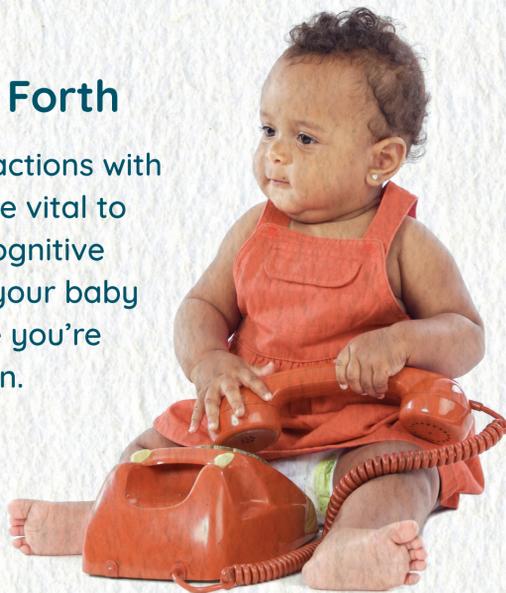
Where's the Cup?

Between 4-7 months, your baby begins to understand that something exists even when it's not visible. Practice moving a cup just out of sight and asking your baby, "Where's the cup?" to help develop their concept of object permanence.

2

Back and Forth

Quality interactions with caregivers are vital to your baby's cognitive development. As your baby babbles, respond like you're having a conversation.



3

Bust a Move

Music introduces the concept of rhythm, which can help support your baby's development of speech and coordination. Spend 5-10 minutes bouncing and swaying to the beat of songs you know and love.



5

Baby Comedian

A simple and effective way to help build language skills is to respond to your baby's early coos and first words with a big laugh, a squeal, or a surprised face.



4

Why, Thank You!

To encourage social and emotional intelligence, have your baby hand you a toy and respond with, "Thank you so much!" Wait a second, then hand the toy back.



Is your child meeting their milestones? Find your free developmental screening center at screenforsuccess.org/regional-map/



Screen *for* Success

Activities adapted from Parent Map



Wyoming
Department
of Health
Behavioral Health Division

Screen for Success is brought to you by the Wyoming Department of Health and the Early Intervention and Education Program

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