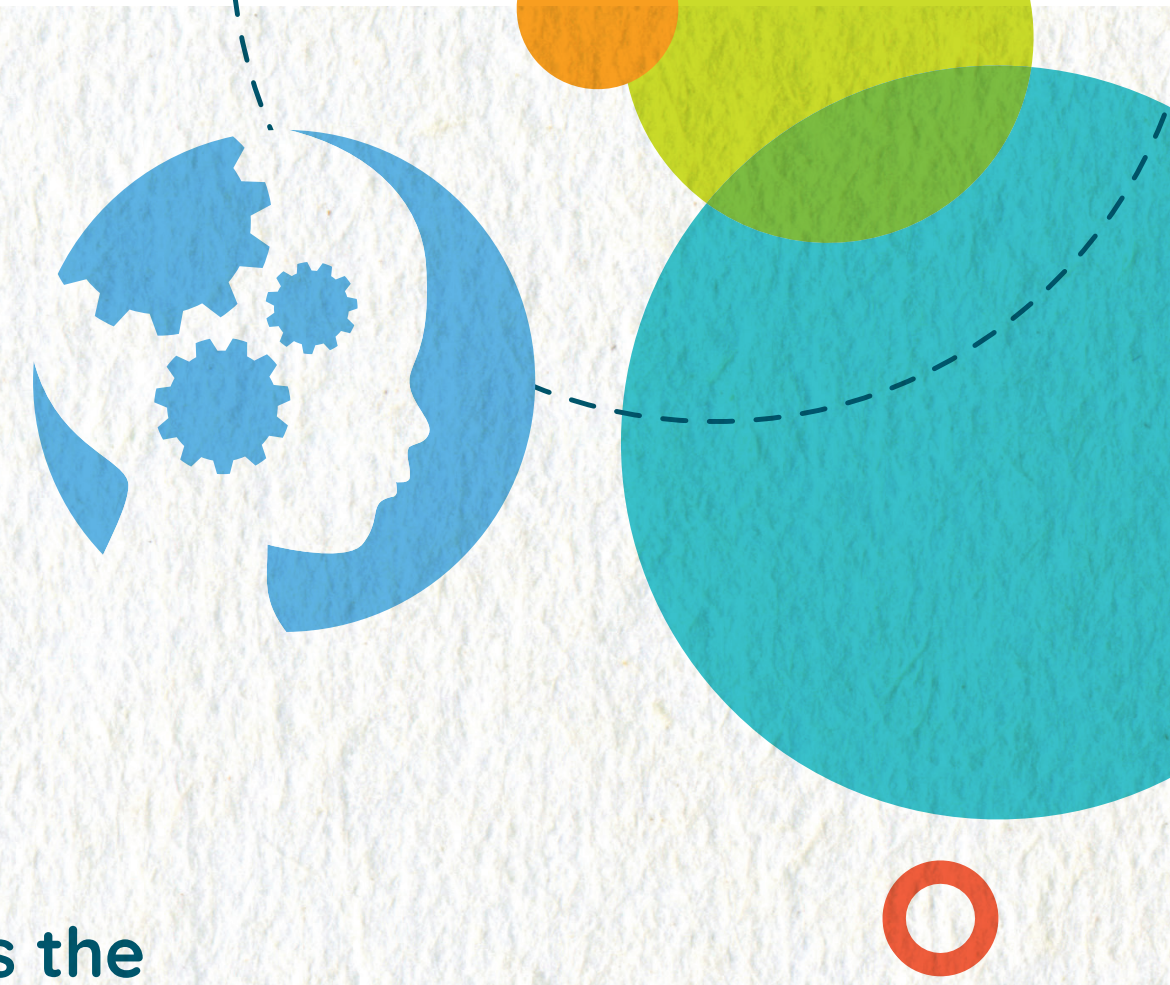


Play & Learning EXPERIENCES



Research shows that play is essential for a child's development. Play itself is the foundation for a child to become a curious and engaged learner. Incorporating play into your child's life excites, motivates, and supports their development of many life skills.

Here are some ideas for adding play to your child's everyday routines as they go through every Stage of Development.

1 Infants

This is the time to be silly with your child. Sing the A-B-Cs in your best high-pitched voice, bring out the pots and pans and let your child bang on them, dance, or encourage your child to play with water. This kind of play helps your child develop communication, concentration, and fine motor skills.



2 Toddlers

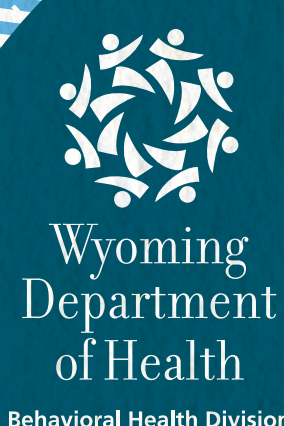
Make everything a game. Set a timer to see how fast they can clean up their toys, put together a scavenger hunt, or throw a dance contest. Take it a step further and encourage the beauty of make-believe by acting out a storybook with them. These types of activities help your child develop important skills like resilience and how to be a problem solver.

3 Preschool

This is the time when your child is gaining their independence, but that doesn't mean play should lose its relevance. Give your child opportunities to make decisions. It can be as simple as them deciding what movie to watch or board game to play. By allowing them to be curious, ask questions, and make decisions, your child will gain a sense of responsibility and learn how to lead.



Is your child meeting their milestones?
Find your free developmental screening center
at [screenforsuccess.org/regional-map!](https://screenforsuccess.org/regional-map/)



Screen for Success is brought to you by the Wyoming Department of Health and the Early Intervention and Education Program

