

# *the many* Benefits of SINGING



Children learn when you sing to them, and when they sing to you! Incorporating music and song into your daily routines will benefit your child's development in many ways.

## Benefits for *babies*

- Your baby will bond with you through the tones of your voice.
- Language itself is musical - when you sing and speak, your baby learns about words and language.
- Including your baby's name in your songs helps them learn their name and identify with it.

## Benefits for *toddlers*

- Singing introduces new words and builds vocabulary.
- Learning rhythm and words together promotes communication skills.
- Teaching new concepts - such as counting and letters - using songs is a great learning tool.

## Benefits for *young children*

- Singing optimizes breathing, requiring a big breath in and a long breath out, which is a helpful combination for emotional regulation.
- When children sing and pick up on different sounds within words, they are apt to sound out written words as they begin to read.
- Singing is a simple, playful, and fun activity to do together, any time, anywhere!



Is your child meeting their milestones? Find your free developmental screening center at [screenforsuccess.org/regional-map/](https://screenforsuccess.org/regional-map/)!



Screen *for* Success