

# SOCIAL & EMOTIONAL

## What to look for *ages 1-3*

As your child progresses through the stages of social and emotional development, they'll begin expressing themselves based on the new ways they're coming to understand who they are and how they fit into the world around them.

Here are a few ways you'll notice these developments as they happen:

### *1 year*

- Shows interest in other children
- Plays simple pretend games
- Imitates behaviors
- Repeats behaviors to get attention
- Says "no"
- Shows feelings such as fear of strangers, affection with familiar people, temper tantrums, and clinging to familiar adults

### *2 years*

- Engages in side-by-side play with other children
- Gets excited when with other children
- Begins to assert independence
- Comforts others and tries to make them laugh with words or actions
- Understands "no" but may have trouble controlling feelings or actions
- Notices likenesses and differences between self and others

### *3 years*

- Shows concern and affection for others without prompting
- Copies adults and other children they consider friends
- Takes turns in games
- Shows a wide range of emotions
- Enjoys helping with simple household tasks
- Dresses and undresses self



Wyoming  
Department  
of Health  
Behavioral Health Division

Screen for Success is brought to you by the Wyoming Department of Health and the Early Intervention and Education Program



Screen *for* Success

For more information on developmental screenings, visit [screenforsuccess.org](https://screenforsuccess.org).