

# SOCIAL & EMOTIONAL

## What to look for *ages birth - 1*

As your baby progresses through the stages of social and emotional development, they'll begin expressing themselves based on the new ways they're coming to understand who they are and how they fit into the world around them.

Here are a few ways you'll notice these developments as they happen:

### **birth - 1** *month*

- Shows feelings by crying
- Shows interest in watching your face
- Quiets in response to your touch

### **2-3** *months*

- Begins to smile at parents and caregivers
- Follows parents and caregivers with their eyes
- Recognizes familiar voices
- Enjoys being hugged or cuddled

### **4-5** *months*

- Smiles spontaneously, especially at people
- Shows excitement by waving arms and legs
- Likes interacting with people
- Imitates some movements and facial expressions

### **6-8** *months*

- Knows familiar faces
- Likes to look at self in mirror
- Makes sounds to express happiness or displeasure
- Enjoys playing

### **9-11** *months*

- Prefers certain toys or comfort items
- Clings to familiar adults
- Responds to own name
- Shows feelings by smiling, crying, and pointing

### **1** *year*

- Repeats sounds, gestures, or actions to get attention
- May show fear in new situations
- Begins to follow simple instructions
- Enjoys playing games



Wyoming  
Department  
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