

# Cognition & Perception Milestones

Tracking milestones is a great way to check in on your child's development. Here are some things to look for as your young children learn, think, and explore the world around them. But remember, every child develops differently and may meet their cognition and perception milestones at different times.

## Birth to 6 Months

- Begins to focus on object
- Responds to their environment with facial expressions

## 3 to 6 Months

- Recognizes and reacts to familiar sounds
- Pushes up in order to see people and objects around them

## 1 to 2 Years

- Identifies objects that are similar
- Can tell the difference between "me" and "you"

## 9 to 12 Months

- Understands the concept of object permanence, the idea that an object continues to exist even though it can't be seen
- Explores objects by turning them over, putting one inside another, etc.

## 6 to 9 Months

- Discriminates between parents and other people
- Gazes longer at "impossible" things, like an object suspended in the air

## 2 to 3 Years

- Sorts objects by category (animals, flowers, cars and trucks, etc.)
- Responds to simple directions from parents and care takers

## 3 to 4 Years

- Demonstrates awareness of the past and present
- Asks "why" and actively seeks answers to questions

## 4 to 5 Years

- Draws pictures that they name and describe
- Can tell where they live