MOTOR & PHYSICAL What to look for ages

As your child progresses through the stages of motor and physical development, they'll begin developing balance, dexterity, and movements. You can expect a lot of movement and play. Your toddler might want to do things "by myself" because that's how they learn. Keep them safe and watch them go!

Here are a few ways you'll notice these developments as they happen:



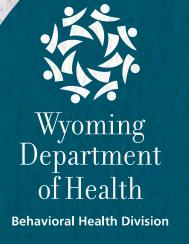


Climbs onto furniture

- Sit without leaning on anything • or being held up
- Belly crawl, scoot, or creep on • hands and knees
- Pull to standing and move, holding on to furniture
- Starts putting on clothing, with help

- Walks alone and begins to run
- Walks down stairs holding on to the railing or your hand, one step at a time
- Kicks a ball forward without losing balance
- Jumps and stands on tiptoes •
- Feeds self with spoon and fork •
- Turns single pages in a book
- Starts to show a preference for using one hand over the other
- Strings large beads, puts together simple puzzles

- **Climbs and runs well**
- Jumps with both feet •
- Stands on tiptoe and balances on one foot
- Walks up and down stairs by alternating feet
- Throws and kicks a ball,
- Carries and pulls toys while walking
- Begins to hold crayons and utensils with fingers instead of fist
- Starts brushing own teeth and hair
- Dresses self, with supervision



Screen for Success is brought to you by the Wyoming Department of Health and the Early Intervention and **Education Program**

tries to catch a ball with both hands

Pedals tricycle

