

MOTOR & PHYSICAL

What to look for *ages 3-5*



As your child progresses through stages of motor and physical development, their developing bodies and minds are helping them do more and more things independently. During this stage, toddlers turn into preschoolers! They become more skilled at moving their bodies and doing the things they want to do.

3 *years*

- Walks up and down stairs easily
- Pedals trike or bike
- Helps put on and take off clothing
- Turns pages in a book

4 *years*

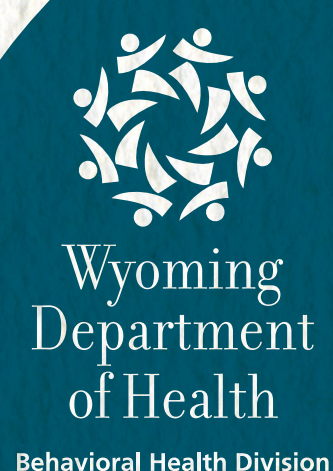
- Hops in place well and stands on one foot easily
- Catches a bounced ball most of the time
- Pours liquids and cuts food with supervision
- Uses safety scissors
- Writes some letters
- Turns handles
- Plays with toys with small parts

5 *years*

- Throws and bounces a ball
- Jumps over objects, climbs playground ladders, and swings
- Pedals and steers a trike or bike
- Does log rolls and somersaults, skips and trots
- Runs, changes direction, and goes around obstacles easily
- Gets dressed with little help
- Uses the toilet independently
- Strings small beads and shapes clay into recognizable shapes
- Draws or copies basic shapes
- Stacks a tower at least 10 blocks high



Screen *for* Success



Screen for Success is brought to you by the Wyoming Department of Health and the Early Intervention and Education Program